

**The Dance Teacher** is a Boutique Style Dance Studio offering small classes to ensure individualized instruction. Proudly providing quality instruction in a fun environment since 1985.

Our Dance classes are built from each previous class. To ensure continuity and individual advancement, our adult programs are broken into semesters and sessions. Once registration is confirmed, the space is held for you, and you are responsible for attending the class day and time that you have registered. Class payments may not be applied to other programs.

- We follow the OCPS calendar for winter and spring breaks.
- Please see our class descriptions for tuition, class dates, and preferred attire.
- Dance Shoes are for dance class, not street wear. Shoes worn outside or on a surface other than a professional dance floor or practice floor may not be used in our facility.
- Payment methods accepted: Check, Cash, Money Order, Zelle Cash App.

Tuition is based upon a group rate with a minimum enrollment.

We do offer private and semi-private lessons for those that wish to attend classes without a weekly commitment. Classes may be scheduled up to 48 hours in advance and require payment at the time of scheduling.



**Mondays 8:30pm-9:00pm Stability Dance Fitness**

#### **Tuesdays**

5:45-6:30pm Tap for Adults

6:30- 7:30pm Ballet for Adults

7:30-8:15pm Modern Jazz for Adults

8:15-9:00pm Adult Stability Dance Fitness

#### **Thursdays**

7:00-8:30 Modern Jazz (this is a school term program)

#### **No Drop-in program?**

Correct. We are a boutique studio with small group classes that provide individualized instruction for our learners.

A constant flow of new students with various levels of experience will not provide the continuity needed for all registered students to progress. On occasion we do offer short-term workshops for our students. Information will be sent out with a google doc link.

**Good to know:** The Dance Teacher is a scent free school. Please refrain from using essential oils, perfumes, or perfume/musk scented body sprays. \*If you are interested in performing, please let us know at registration.

#### **Class descriptions and fees:**

**Ballet for Adults** is a 60 minute once a week class. Ballet fundamentals, alignment, stretch, and core strength are focused on in this program.

Session dates and Tuition

**Mini summer session:** Aug. 15-Aug. 29 \$60.00

**Fall/Winter Semester:** Sept. 5- Dec. 5. \$240.00

No class Oct. 31 and Nov. 21

**Sample winter class:** Jan 9 \$20.00

**Winter/Spring Semester:** Jan. 16- April 9 \$240.00

No class Mar. 19

**Mini spring Session:** April 16- May 21 \$100.00

Attire: Leotard, tights, ballet shoes or comfy but fitted to the body work out attire Hair out of face and off neck.

**Tuesday Tap for Adults** is a wonderful 45-minute fast paced class that builds on basic tap skills and rhythms. Attire: Tap shoes in good condition. Full sole Oxfords preferred. Work out attire. Hair out of face and off neck.

**Mini summer session:** Aug. 15-Aug. 29 \$54.00

**Fall/Winter Semester:** Sept. 5- Dec. 5. \$216.00

No class Oct. 31 and Nov. 21

**Sample winter class:** Jan 9 \$20.00

**Winter/Spring Semester:** Jan. 16- April 9 \$216.00

No class Mar. 19

**Mini spring Session:** April 16- May 21 \$90.00

**Tuesday Modern Jazz for Adults** is a fun and innovative form of jazz dance that incorporates multiple dance styles and techniques of dance such as contemporary, hip hop, musical theater, and ballet. Attire: Jazz shoes, foot thongs or ballet shoes. Jazz pants fitted top/leotard or comfy work out attire. Hair off neck and out of face.

**Mini summer session:** Aug. 15-Aug. 29 \$54.00

**Fall/Winter Semester:** Sept. 5- Dec. 5. \$216.00

No class Oct. 31 and Nov. 21

**Sample winter class:** Jan 9 \$20.00

**Winter/Spring Semester:** Jan. 16- April 9 \$216.00

No class Mar. 19

**Mini spring Session:** April 16- May 21 \$90.00

**Stability Dance Fitness** is an alignment and core strengthening program. We offer this program as a 30-minute and 45-minute class as private sessions.

#### **Tuesday 45-minute program:**

Attire: comfy work out attire, no zippers, or buttons. Slipper socks, ballet shoes, or bare feet.

**Mini summer session:** Aug. 15-Aug. 29 \$54.00

**Fall/Winter Semester:** Sept. 5- Dec. 5. \$216.00

No class Oct. 31 and Nov. 21

**Sample winter class:** Jan 9 \$20.00

**Winter/Spring Semester:** Jan. 16- April 9 \$216.00

No class Mar. 19

**Mini spring Session:** April 16- May 21 \$90.00

#### **Monday 30- minute program:**

Sept 5- Dec 5

No class Nov 20

Jan. 16-April 9

No class Mar 18

\$130. 00

\$120.00



*The Dance Teacher, providing quality instruction in a fun environment since 1985. The Dance Teacher, providing quality instruction in a fun environment since 1985. We are all aware that*

*dance is beneficial for people as individuals, as well as for our entire society. At its best, dance is an extension and expression of who we are as human beings in ways that can allow us to share emotions that increase our sense of community and connection.*

*The desire to dance and to move your body is the beginning point of all human life. We all need to connect with each other in some physical way. The Dance Teacher believes we can connect with each other though dance.*



*Our director, Nancy L. Stewart, earned her BA in Dance Pedagogy from Virginia Intermont College. She is certified in Autism Movement Therapy and is an OCPS Approved Vendor.*

*The Dance Teacher is the proud recipient of:*

- ✓ *Best of Orlando Dance Schools*
- ✓ *Expertise Award for Ballet Instruction*
- ✓ *Spectrum Award for Customer Service*

**The Dance Teacher,  
providing quality instruction  
in a fun environment since  
1985.**

**Join us today!**



**Adult Dance Programs  
at**



**429 Gaston Foster Road, Suite B  
[www.thedanceteacher.com](http://www.thedanceteacher.com)**

**Phone: 407-273-9860**

**Email: [info@thedanceteacher.com](mailto:info@thedanceteacher.com)**

- ✓ *Dance for adults provides a necessary emotional outlet and helps to maintain a sense of wellbeing.*
- ✓ *Dance for today is about friendship, caring and connection.*
- ✓ *The Dance Teacher believes we can connect though dance.*